

Telephone
1 - 800 - 667 - 0816

DELIVERY SITES:

Thunder Bay

Hamilton

Ottawa

Napanee

Timmins



Scan QR to view the
full listing of ONWA locations
onwa.ca/contact-us



Telephone: 1-800-667-0816

Email: onwa@onwa.ca

Hours of Operation: Monday - Friday, 9am - 5pm

Social Media:

www.onwa.ca



@ONWA7



@_ONWA_



@onwa_official



**Trauma-
Informed
Care**



Trauma-Informed Care (Babaamendam)

creates a safe space for Indigenous women and their families, meeting them where they are at in their journey of exiting oppressive and violent situations.

Trauma-Informed Care supports Indigenous women and their families who are affected by trauma to navigate mental health, addiction, and clinical services in their community.

- Safety planning and plans of care
- Supportive and traditional Indigenous counselling
- Advocacy and referrals
- Access to traditional ceremony and cultural teachings
- Cultural supports and holistic services
- Land-based therapy
- Traditional healing
- Connection to community resources
- Education and awareness
- Accompaniment as requested and needed

ONWA VISION:

At the Ontario Native Women's Association (ONWA), we celebrate and honour the safety and healing of Indigenous women and girls as they take up their leadership roles in the family, community and internationally for generations to come.

ONWA STRATEGIC ISSUES MODEL:

